



# Diversity, Equity, and Inclusion

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We've added more experts to the Wondr instructor team to ensure we have expertise in all topic areas covered in the program as well as a variety of personalities to connect with participants and keep them engaged.



The addition of exercise physiologist, Dr. Renee Rogers, award-winning celebrity chef, Tre Wilcox, and clinical psychologist, Dr. Kevin Gilliland, has allowed for a stronger and more well-rounded program experience for participants from all backgrounds and lifestyles.

We've made a special effort to make the Wondr program more reflective of the US population, including the diversity of our instructor team and how we address various topics.



### Increased Instructor Diversity

- Gender
  - Female – 57%
  - Male – 43%
- Race
  - Caucasian – 68%
  - Non-Caucasian – 32%

We have refreshed the content to include new behavior strategies as well as food & lifestyle examples that are more reflective of the diversity of participants in the program.



One example of more inclusive content is an updated activity strategy geared toward the full range of fitness levels and widely accessible environments to meet the varying needs of participants.



Increased diversity in video lesson B-roll footage to be more reflective of our participants



Additional video and non-video tools for learning styles



Recommended dietary patterns for personal preferences and cultural traditions



Culinary tips and recipes for all budgets



Activity strategies geared to the full range of fitness levels and widely accessible environments